

YOU MAY TAKE your blood pressure, cholesterol, pulmonary inhaler medication, and/or anti-seizure medications at least three (3) hours prior to arrival with a small sip of water.

DO NOT TAKE any **Insulin** or **Oral Diabetic Medication** the morning of the examination. You may bring them with you to take after the exam. You may brush your teeth.

AFTER YOUR PROCEDURE:

Your condition will be closely monitored by staff personnel. When you awaken, you will be allowed to sit up and have a snack/beverage. After the procedure you will be able to resume your regular diet unless otherwise instructed.

You will remain in the recovery area until your gastroenterologist and anesthesiologist feel you are able to be discharged. You will be sent home with specific instructions prepared by your gastroenterologist. **[You will only be discharged to the responsible adult who will drive and accompany you home.]**

Please plan to rest at home for the remainder of the day.

FOR 24 HOURS AFTER THE PROCEDURE:

Do not drive or operate machinery. Do not drink alcoholic beverages. Closely follow all instructions that were given to you by the staff. If you have any other questions about your procedure, please call your personal physician for details. We will call you at home the next business day to ensure you are feeling and doing well.

INSURANCE & CHARGES

Generally all insurance carriers, including Medicare, reimburse Ambulatory Center charges just as they would any other health facilities. Please call if you have any questions.

Standard charges have been established for all procedures performed at the Center. Your financial responsibility at the time of service will be any required deductible and/or co-insurance. You will be balance-billed for any services and/or charges not covered by your insurance plan. As a courtesy to you, we will bill your insurance.

Not included are fees for physician services (gastroenterologist, anesthesiology, pathology). Those fees are submitted separately.

Cape and Islands Endoscopy Center meets State and Federal standards for quality care and safety. The Center is approved for Medicare reimbursement and accredited by the Accreditation Association for Ambulatory Health Care, Inc. (AAAHC).

It is your responsibility to contact your insurance company prior to your exam regarding co-payments and deductibles. If you are required to have an insurance referral it is up to you to contact your primary care physician to have it in place before your procedure, otherwise you will be responsible for full payment. Be sure to tell the insurance company that your procedure is being done as an outpatient at an Ambulatory Surgical Center (ASC).

If you have a large co-payment or deductible, a payment plan can be arranged with our office, if needed.

CANCELLATION POLICY:

This office must be notified at least three (3) business days prior to your scheduled procedure to make changes or cancel any procedure. **Failure to do so will result in a \$100 cancellation fee payable to your gastroenterologist.**

Patient Information



CAPE AND ISLANDS ENDOSCOPY CENTER

700 Attucks Lane • Suite 1B
Hyannis, MA 02601-1811

Tel 508.775.7751

Fax 508.775.7752

www.capescope.com

PATIENT'S
NAME _____

DATE _____ TIME _____

Procedure:
COLONOSCOPY or GASTROSCOPY

Dr. Paul Siegel	508-775-8001
Dr. Alexandre Nader	508-771-6080
Dr. Jay Yamin	508-771-6080
Dr. Gary Shapiro	508-771-6108
Dr. Justin Yamin	508-771-6108

OUR UNIQUE ADVANTAGES

The Center is specially designed to perform same day procedures—those which require more care than can be offered in your doctor's office but which do not require an overnight hospital stay. Your care will be provided by the same highly skilled personnel with the same training found in larger hospital based facilities.

Because we perform only same-day procedures, this allows the Center to provide services at reasonable costs and savings to you, your insurance provider, and your employer.

Procedures take less time from your family and work schedule and, in many instances, you may resume your routine schedule the next day.

The Cape and Islands Endoscopy Center offers deep sedation supervised by a Board Certified Anesthesiologist to ensure comfort and safety during endoscopic procedures.

If biopsies are necessary, they will be read by a team of nationally recognized GI Pathologists.

All Medical services are delivered by highly skilled, Board Certified physicians with local hospital affiliations.

Cape and Islands Endoscopy Center does not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment. For further information about this policy contact: Cape and Islands Endoscopy Center (Voice/TDD).

Welcome to the

CAPE AND ISLANDS ENDOSCOPY CENTER

IMPORTANT INSTRUCTIONS FOR ALL PATIENTS

1. If you are taking **COUMADIN/AR-FARIN, PLAVIX/CLOPIDOGREL AND / OR ASPIRIN**, please call the **PRESCRIBING PHYSICIAN** for instructions on temporarily holding the medication before your procedure. We request that you do **NOT** take these medications for five (5) days prior to the colonoscopy in the event that a biopsy and/or polyp removal is necessary.
2. If you have a certain type of prosthetic cardiac valve, your cardiologist may prescribe **Lovenox** while the **Coumadin** is held.
3. If you take **INSULIN**, please call us immediately so we may arrange an **early morning** appointment for you.
4. **A family member or responsible adult must accompany you to and from the Endoscopy Center. You may not drive after the procedure and public transportation cannot be used.**
5. If you have an infection, fever or noticeable change in your health since your last visit, inform your doctor.
6. Guidelines for antibiotic therapy prior to GI procedures differ from other procedures, including dental. You can discuss this with your physician or the nurse during your pre-procedure phone call.
7. Any special x-rays or lab work necessary for your procedure will be arranged by your physician prior to the procedure.
8. Bring your insurance cards and photo I.D. with you to the center.
9. All valuables should be left at home.
10. Remove all make-up and body piercings.
11. Wear comfortable clothing that is easy to get into after your procedure.
12. The Cape and Islands Endoscopy Center does not honor Do Not Resuscitate (D.N.R.) orders.

Your appointment will be confirmed by the Endoscopy Center. If you have not heard from us by the business day prior to your test, you may call 508-775-7751 and press 00 to speak to a receptionist.